

## **Virginia Beach Middle School PTA Meeting**

Tuesday, March 12<sup>th</sup>, 10:00 a.m.

- I. Welcome / Introductions
- II. Questions/Approval of February 2019 Minutes
- III. School Reports
  - Dr. Bergren
  - Mr. Fox
- IV. Executive Board Reports
  - Treasurer – Neviana Bourova
  
  - Membership – Carlye Miller & Monita Weyenberg
  
  - Volunteers – Chris Weiss
- V. Committee Reports
  - Box Tops – Suzy Shull
  
  - Concessions – Stacey Hughey
  
  - Hospitality – Connie McKenzie
  
  - Newsletter -Lori Calderon
  
  - Reflections – Alan Edwards
  
  - Website – Lori Calderon
- VI. Other Business/Discussion

***“Research has shown that helping others through volunteer work actually increases one's overall sense of well-being, including building emotional resilience and reducing stress levels.”***

***--from The Health Benefits of Being Kind, Big Think Editors***

***Thanks for all you do!***

**Next meeting – Tuesday, April 9<sup>th</sup> at 5:30 p.m.**